

Appendix 1:

Nottinghamshire Healthcare's Involvement Principles

We are committed to working in genuine partnerships that include people who use services, their carers and families, people from our local communities and staff from local organisations.

We aim to work together to focus on what matters to people and improve services and people's lives.

1. **Ensure people can have influence over decisions and make a difference**
2. **Include and listen to people with lived experience** in collaborative partnerships
3. **Include and listen to the diverse communities we work with** in collaborative partnerships. We should also **reach out beyond the collaborative partnership and connect with the wider community** so other people can share their views and contribute to the partnership's work
4. **Give time to build relationships** in the collaborative partnership based on mutual trust and respect, kindness, openness and honesty
5. **Support people so they can use and develop their knowledge and skills to contribute effectively**
6. **Plan, decide and act together** including agreeing the purpose, resources, outcomes and timescales from the start of the work
7. **Have honest conversations** that emphasise dialogue where we listen to and understand others' views and agendas and give the time to arrive at collective answers
8. **Make communication simple, accessible and inclusive**, share the information that enables people to be part of the conversation and feedback on what has changed

Where we are undertaking one-off pieces of work, meetings, consultations etc where there are not opportunities to be part of an ongoing partnerships then the above principles should be applied as well as they can.