

VOLUNTEER UPDATE

Issue 41

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Welcome to our December Newsletter.

Those Eagle Eyed amongst you may have noticed that there was no Newsletter in November! We have had a busy few weeks in the Volunteering Team and felt that a bumper issue in December with lots of updates and news about what we've been doing would hopefully make up for a missed issue in November. This also got us thinking about how we go forward producing these Newsletter considering the changes to our staff team. We've therefore decided that we'll be reducing the amount of Newsletters we produce from next year, but with more interesting content, along with the regular updates and news we normally share.

We intend to produce them seasonally, and so Spring, Summer Autumn and Winter.

If you have any feedback about this newsletter or would like to see anything in particular that isn't included, please let us know. We are always eager to include articles from volunteers - that could be to share what you've been up to in the Trust or other exciting news not related to your volunteering.

A potential new way to involve people with lived experience in service improvement work.

For a while now we've been thinking about how we can make it easier and quicker for people with lived experience (including carers and families) to get involved in service improvement work.

Service improvement work could be anything from helping to design a new clinic/hospital building, improving an element of care delivery (e.g. the information patients receive when admitted to hospital) or even interviewing new staff.

Currently, people are involved in this kind of work in two ways:

- As an Involvement Volunteer (which means going through our full volunteer recruitment process which includes mandatory training)
- As a 'Participant' (we hold very little information about participants, we don't communicate regularly with participants, we don't support them and they don't find out about opportunities other than the one project they're involved with)

Neither of the above feels quite right so we're putting together a proposal for an alternative way to get people involved that feels quick, easy and welcoming but is also safe and works in the background to connect people into service improvement work that would interest them.

We want to talk to you about this...

We want to understand how you feel about the proposal and what would make you feel good about being involved, as well as hear your ideas.

We've tentatively set a date (below) for a conversation with you all:

· Wednesday 12th January, 10:30 – 12:30

Please save this space in your diaries. The proposal isn't ready to send yet but we will share this with you at the start of January and we'll send out more information nearer the time about venue/virtual, and what we'll be discussing.

DMH Involvement Centre

Our final days at DMH Involvement Centre



As many of you will know we recently found out that after many years in the DMH involvement centre we were asked to vacate this space. It was an emotional time for our staff team and you our volunteers, this space has provided memories for many people. At the beginning of December the team packed up our belongings ready to move to our new space within DMH. Although this new space isn't quite ready for us to use (we need to put our IEV mark on it) we are excited about the future and how it's going to look. Please keep a look out on our website, social media, emails and the Microsoft Teams Hub for further updates and how to get involved.



Our new adventure starts here!

Covid News

Lateral Flow Tests

Thank you to everyone who is completing their lateral flow tests and reporting the results. We are asking that all volunteers attending Trust sites continue to test twice weekly and record their results using the Trust system. You can use one of the following methods:

- [Via Connect](#) - click on 'Click here to submit your results'
- [Via the Trust website](#) (which can be accessed from personal devices including phones) –This link is on the front page of the site. You then need to click on the links to 'submit your results' and follow the instructions on entering your work login details.
- [Using the link directly](#) if you have previously followed the instructions on entering work login details.
- Submit your results on paper – complete one of the paper forms in the Involvement Centres and pass to the Volunteering Team to submit.

Also, a reminder to order your own lateral flow testing kits directly as organisations are no longer able to hold any stock. Please order lateral flow tests by [ordering a box online](#) and these will be delivered to your home address.

New legislation regarding Covid-19 Vaccinations

You may be aware that the Government has announced that from 1st April 2022 new legislation will be implemented meaning all people working in the NHS and Social Care in England and who have face to face contact with patients will need to be fully vaccinated (two doses of the Covid-19 vaccine or equivalent if vaccinated overseas) unless they are medically exempt. This will also apply to Trust Volunteers.

This means in order to meet this requirement and to allow the required time to have both doses of the Covid-19 vaccine by 31st March 2022, unvaccinated colleagues (both staff and volunteers) will need to have had their first dose of the vaccine by **3rd February 2022**, providing they are not exempt, and they have not tested positive for Covid-19 in the previous four weeks.

We are currently awaiting further guidance about how the Trust will be checking the vaccine status of staff, but expect whatever method is used to be the same for volunteers.

Once we have more information about the process, we will let you all know. **If in the meantime you have any worries or concerns about this, please do contact us and we can try and help.** The Trust is taking a proactive approach to support colleagues to get vaccinated, and there are a range of support options available that we can refer you to if required.

Flu Jabs

The Trust are asking all staff and volunteers have the flu jab to protect yourself and others. NHS staff are much more likely to be exposed to the flu virus and, although it is not compulsory, we are encouraging staff to take the opportunity to get themselves immunised.

Like the Covid vaccination, the flu jab is one of the most important things you can do to protect yourself, your colleagues, family, friends, and our patients. It will help boost your immunity this Winter.

Vaccinating staff forms an important part of our preparations for winter, helping to protect our staff and patients when pressures on our local health and care system continue to increase.

If you would like a flu jab (and are not in one of the exclusion groups) the Trust have flu clinics running at various locations throughout December and January. Get in touch with us and we can help you book an appointment.

Christmas Celebrations



Festive Walk

We hope you can join us

FRIDAY 17TH DECEMBER
RUFFORD PARK (A614)
MEET AT THE ABBEY ENTRANCE
CAR PARK AT IPM
WALK TO COMMENCE AT 1:30PM
2:30PM BACK TO ABBEY CAFE
FOR A HOT DRINK CONTINUE
OUR CHATS
LEAVE AT 3PM

There will be car park charges of £4 per car
(card payment only)
You can pre book car parking by visiting the
Rufford Abbey website

Opportunities



Mental Health Services for Older People

Nottinghamshire Healthcare
NHS Foundation Trust

**MHSOP
INVOLVEMENT GROUP**

1ST WEDNESDAY OF EACH MONTH

Meeting at Highbury or online,
this meeting will be about
listening to people that use
services and their families, as well
as presenting future plans for
discussion.

First meeting is 2 February 2022, if you are
interested in attending or being part of this
group please contact:

Deanna Smith
tel: 0115 9691300 ext. 13323
email: deanna.smith@nottshc.nhs.uk

Please keep an eye out for any new opportunities on our website and MS Teams Volunteer Hub.

Oscars

The shortlist has been announced! Well done to all those volunteers who were nominated for an Oscar. Unfortunately, there has to be a shortlist. After a record number of nominations, the judging panel undoubtedly had a difficult job.

Good luck to the Arnold Lodge Visitor Scheme, Wendy, Gordon and Joseph. A special thanks too to those volunteers who got involved with the Oscars judging panel.

Here is a shortlist of all finalists:

Unsung Hero Award – Non-Clinical

Coleen Lindwell, Administrator, The Lookout Adolescent Unit,
Hopewood

Nigel Sarsfield, Senior Technical Support Engineer, Duncan Macmillan
House

Elaine Wilson, Personal Assistant, Rampton Hospital

Rosalyn Horspool, Environmental Care Co-ordinator, Millbrook Mental
Health Unit

Unsung Hero Award – Clinical

Dr Tansy Warrilow, Clinical Psychologist, Rampton Hospital

Dr Anu Priya, Consultant Psychiatrist, Bassetlaw Hospital

Lisa Prevett, Therapeutic Activity Coordinator, Millbrook Mental
Health Unit

Ameet Malhotra, HI Intensity Worker Trainees, IAPT Nottingham,
Westminster House

Chloe Duncan, Senior Nurse, Hopewood

Leadership Award

Sarah McCartney, Head of Adult Services, West Bridgford Health
Centre

Harvir Kaur Purawal, Specialist Community Dietitian/AHP Project
Lead, Highbury Hospital

Donna Smith, Head of Nursing, AHP's and Quality, Retford Hospital

Dr Joanne Levene, Acting Consultant Clinical Psychologist, Lead for
Physical Health Psychology, Kings Mill Hospital

Team of the Year Award – Non-Clinical

The Tooth Fairies (aka The Oral Health Promotion Team)
Safeguarding, Duncan Macmillan House
Lings Bar Hospital - Quality Review Team
John Eastwood Hospice Support Services

Team of the Year Award – Clinical

Aintree Autism Team, Rampton Hospital
Nottingham Centre for Transgender Health
Lister Ward Team, The Wells Road Centre
Adult Mental Health Deaf Services, Stonebridge Centre

Quality Improvement Award

Katy Twigg, Team Leader, Rampton Hospital
Mental Health Services for Older People (MHSOP) Falls Group
Community CAMHS Team
Isla Care Project

Outstanding Care and Compassion Award

Chaplaincy and Psychology, John Eastwood Hospice
CAMHS Intellectual Disability Team
Nia Hayden, Nurse Associate, West Bridgford Health Centre
Duwayne Blackwood, Technical Support Engineer, Duncan
Macmillan House

Volunteer of the Year

Arnold Lodge Volunteer Visitor Scheme
Wendy Wheat
Gordon Taylor
Joseph Chandry

Environmental Impact Award

Wathwood Hospital
Nadia Frowd, Clinical Studies Development Officer, Institute of Mental
Health
The Live Team
Arnold Lodge Therapy Services

Volunteers in Services

In this section we will showcase the vast range of people who volunteer here at Nottshc,

During a recent QS audit, Carl was able to share with the staff and patients his recent award.

As a previous support volunteer at Thorneywood Mount, the team were keen to celebrate his success.



Late in November, we were delighted to present our first volunteer with the SfJ/HEE, National Volunteering Certificate.

Since completing the eleven modules in March, Wendy has clocked up over 60 volunteering hours as a Volunteer Visitor at the Wells Road Centre. Congratulations to Wendy.

Upcoming Meetings

If you are unable to attend a meeting, please contact the meeting organiser to advise that you will not be there.

Please contact us if you have any queries or want to check that a meeting is taking place.

Date	Meeting	Venue
December		
	FESTIVE WALK – all welcome	RUFFORD PARK 1pm
20 th	Forensic division Reducing Restrictive Practice Group	MST
21 st	Patient Information Group	MST
22 nd	Divisional Patient Experience, Improvement, and Involvement Group meeting.	MST
January 2022		
4 th	Patient Information Group	MST
5 th	Develop Clinical Model – LMHT	MST
7 th	Rosewood Garden Group	Rosewood Involvement Centre
10 th	Quality Operations Group	MST
10 th	Triangle of Care Self-Assessment Peer Review	MST
11 th	Tackling Loneliness Collaborative Meeting	MST
11 th	Patient Information Group	MST
11 th	Patient Forum – Wells Road	MST

11th	Trustwide Involvement, Experience and Volunteering Group	MST
13th	Carers Week Planning Group	MST
17th	Carers Connect Network Meeting	MST
17th	Forensic Division Reducing Restrictive Practice Group	MST
18th	Patient Information Group	MST
18th	Complaints Files Audit meeting	MST
24th	Forensic Involvement Training	TBC
25th	Patient Information Group	MST
26th	Divisional Patient Experience, Improvement, and Involvement Sub-Group (WW) meeting.	MST
26th	SOSIG meeting	MST
26th	Quality First Audits Group	MST
26th	Divisional NICE, Research and Audit Committee Meeting	MST
31st	Trustwide Reducing Restrictive Interventions Group	MST

Keeping well over the Christmas period

For many people, the winter months and Christmas can put pressure on their health and wellbeing, and as we continue to face the uncertainty and restrictions from the coronavirus pandemic, this can add to these pressures. You will have seen the Involvement and Volunteering Team's contact availability within this newsletter, but we would like to give you further sources of support available for you over the coming weeks and months.

Many of the following organisations offer different methods of support along with information on groups that are available to contact.



Broxtove Borough Council have produced a document which can be found [here](#)



Ashfield Health and Wellbeing Partnership have produced a document which can be found [here](#)



Nottingham City Care [website](#)



Mind Winter Support Package can be found [here](#)



IEV Team - Christmas Opening Times

Monday 20 th December	Rosewood centre closed Please call or email us if required
Tuesday 21 st December	Rosewood centre closed Please call or email us if required
Wednesday 22 nd December	Rosewood centre closed Please call or email us if required
Thursday 23 rd December	Rosewood centre closed Please call or email us if required
Friday 24 th December	Rosewood centre closed Phone and email closed
Monday 27 th December	Bank Holiday Closed
Tuesday 28 th December	Bank Holiday Closed
Wednesday 29 th December	Rosewood centre closed Please call or email us if required
Thursday 30 th December	Rosewood centre closed Please call or email us if required
Friday 31 st December	Rosewood centre closed Phone and email closed
Monday 3 rd January 2022	Bank Holiday Closed

