

VOLUNTEER UPDATE

Laura bids farewell to Nottinghamshire Healthcare

At the end of October, I will be saying farewell to the Involvement, Experience and Volunteering Team and moving on to pastures new.

I'm sure that there's a lot of questions over what happens next, but we want to reassure you that we're working closely together to make sure that the transition period will be as smooth as possible.

The role I was recruited into five years ago has naturally evolved with the work the IEV Team does and it's important that we take a moment to evaluate what's needed.

We're in the process of planning, reallocating workloads and looking ahead to what may be needed post-pandemic, so that we can continue supporting volunteers, the Centres and involvement activities as best as we can.

We'll be in touch with volunteers who are directly supported by me to let you know who will be providing that support once I've left. We'll also keep you all updated with what's going to happen next.

Thank you all for making the past 5 years so incredibly fulfilling and enjoyable.



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Catch ups on hold

Over the past few weeks, we've had a few Volunteer Catch Ups diary, both in person at the Involvement Centres and virtually. Due to a low attendance of these, we've decided to put them on hold for now.

Should volunteers want them resumed in future or the restrictions within the Trust ease, we'll review this and restart them if there's demand.

Meanwhile, don't forget that you can still get in touch with us using email, telephone or via the MS Teams Volunteer Hub. We're also able to book in face-to-face appointments if needed.

Lateral flow testing

Thank you to everyone who is completing their lateral flow tests and reporting the results. We are asking that all volunteers attending Trust sites continue to test twice weekly and record their results using the Trust system. You can use one of the following methods:

- [Via Connect](#) - click on 'Click here to submit your results'
- [Via the Trust website](#) (which can be accessed from personal devices including phones) –This link is on the front page of the site. You then need to click on the links to 'submit your results' and follow the instructions on entering your work login details.
- [Using the link directly](#) if you have previously followed the instructions on entering work login details.
- Submit your results on paper – complete one of the paper forms in the Involvement Centres and pass to the Volunteering Team to submit.

Also, a reminder to order your own lateral flow testing kits directly as organisations are no longer able to hold any stock. Please order lateral flow tests by [ordering a box online](#) and these will be delivered to your home address.

Congratulations Carl!

Congratulations goes out to our volunteer Carl Hope who as a member of the Love Heart Group recently won the British Heart Foundation's Joan Willett Lasting Legacy 2021 Award.

More details can be found on the [British Heart Foundation website](#)



Volunteer Opportunities

The roles that we're currently advertising for are:

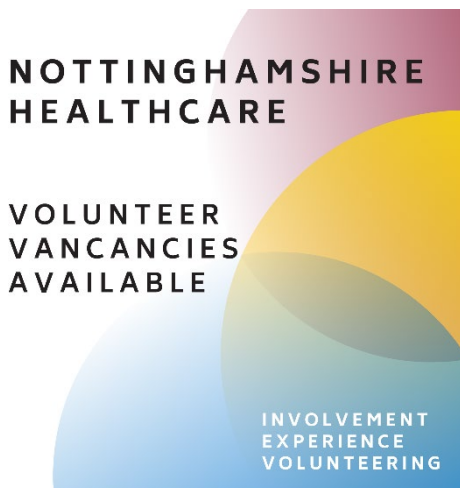
- [Social Media Volunteer – IEV Team](#)
- [Peer Support Volunteer, Westminster House](#)
- [Liaison Diversion Service, sharing lived experience](#)
- [Patient Experience Volunteer - Highbury](#)
- [Patient Experience Volunteer – HMP Leicester](#)
- [Making Safeguarding Personal – Service User Interviewer](#)
- [Information Design Volunteer](#)
- [Volunteer Representative - CAMHS](#)
- [Coffee Bar & Patient Shop Volunteer – The Wells Road](#)
- [Patient Experience Volunteer – The Wells Road](#)
- [Horticulture Volunteer – Rosewood](#)
- [Story Shop](#)
- [Support Volunteer \(1-2-1\), Lings Bar](#)
- [Volunteer Visitor/Dog Visitor](#)
- [Horticulture Volunteer – Bracken House](#)
- [Support Volunteer, Family & Friends – Lings Bar](#)
- [Social Media Volunteer – CAMHS](#)
- [Conversation Partners – Community Speech & Language Therapy Stroke Team](#)
- [Befriender - Rampton](#)
- [Patient & Public Involvement – Institute of Mental Health](#)

If you already volunteer with us, but are interested in one of these roles, it's likely that we will ask you to fill out an "expression of interest" form or invite you to have a chat with us about the role, what it is, support and the expectations. This is to help support you in the roles that you volunteer in as well as ensuring that services get volunteers that meet any role requirements there may be.

Volunteer Spotlight

Social Media Volunteer, IEV Team

This new volunteer role has been created to support the Involvement, Experience and Volunteering Team's social media accounts. We currently have a Twitter account with over 1.5K followers, an Instagram account with 200 followers and we're developing a Facebook page too. We use our social media accounts to support Nottinghamshire Healthcare and to promote and celebrate the work of the team.



If interested in the role, you would be asked to schedule posts to the team's accounts. For example, #FeedbackFriday, you would be asked to search for relevant feedback to share from sources like Care Opinion and schedule up a post. If you felt able, you may also wish to create and use graphics, GIFS or videos to share to emphasise a point. You may also be asked to get involved and help plan our social media activity for awareness weeks like Carer's Week or Volunteer's Week.

This role will be flexible. It does not have set hours and can be done at a time that suits the volunteer. You would not be expected to directly interact with people on social media.



[Read more about this role on our website.](#)

Upcoming Meetings

If you are unable to attend a meeting, please contact the meeting organiser to advise that you will not be there.

Date	Meeting	Venue
	OCTOBER	
4th	Trustwide Patient and Carer Experience Group	MST
5th	Patient Information Group	DMH & MST
	Psychiatry CP2 Simulation Scenario Listening Goup	MST
6th	Religious, Cultural & Festival Food Quality Gorup	MST
	Develop Clinical Model – LMHT	MST
	Strategy Development Task and Finish Group	MST
	Equality, Diversity and Inclusion Meeting	MST
7th	Ethics Committee Meeting	MST
11th	External Crisis & Urgent Care Pathway Development Workstream	MST
12th	Tackling Loneliness Collaborative Meeting	MST
	Patient Information Group	DMH & MST
	Patient Forum – Wells Road	MST
13th	Story Shop	tbc
14th	MHSOP Improving Millbrook Patient Environment – User Group	MST
18th	Forensic Division Reducing Restrictive Practice Group	MST
19th	Patient Information Group	DMH & MST
	Strategy Development Engagement and Comms Planning	MST

20th	Divisional Patient Experience, Improvement and Involvement Group meeting	MST
21 st	Patient Forum – Arnold Lodge	MST
26th	Patient Information Group	DMH & MST
27 th	SOSIG group	MST

If you are attending meetings, please ensure that you have all the information prior to attending, for example, the date, time, invites links or paperwork. If you are unsure or have not received that information, please contact the team in good time so we can contact the relevant staff

Mental Health Awareness Weeks

“[Mental Health Awareness Weeks \(MHAW\)](#) was started in Nottingham in 1992, with the aim of reducing stigma and promoting greater understanding. Thanks to the enthusiastic support of many individuals and organisations, it has grown from one week to two and has become part of the local calendar. The 2021 MHAW programme is posted [here](#), and is available as pdf to download [here](#).”

We'll be posting pictures to our social media accounts over the next couple of weeks on the theme of nature and the impact on mental health. Keep an eye on our Twitter and Instagram accounts. As a preview for what we'll be posting, here's two photos from volunteer, Shakeera.

