

VOLUNTEER UPDATE

From 19 July, outside of health and social care settings...
...there are some changes

-  No limits on social contact indoors or outdoors
-  All settings are open including nightclubs and large venues
-  No restrictions at life events such as weddings
-  Social distancing rules only required in limited circumstances i.e. people who are self-isolating

For up to date guidance visit:

www.gov.uk/coronavirus

www.gov.uk/government/publications/visiting-care-homes-during-coronavirus



COVID-19 July 2021

From 19 July, inside health and social care settings...
...It's NO change



Today is the day that many of the Government's restrictions have been lifted.

Within the Trust, it's still **NO CHANGE**.

Volunteers still only attend the Involvement Centres if necessary and by a pre-arranged appointment. We will still ask volunteers to lateral flow test regularly, wear masks, social distance where possible and regularly hand wash. We don't know when these restrictions will lift within the Trust, but it's likely that it will stay in place for a while longer.

We're still hopeful that we may be able to resume meetings in September, but we will have to do this in accordance with Trust guidelines.

Issue 36

19th July

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The Involvement Centres

We detailed in the last newsletter about some of the changes that are going to be brought in as we re-open the Centres and how we plan on using the space to continue to support volunteers with the inclusion of more virtual working. You can [read the full proposal on our blog](#).

For the time being, please only attend the Centres as needed and by appointment only. As soon as we're able to relax the rules, we will let you know.

Opening times:

	Monday	Tuesday	Wednesday	Thursday	Friday
DMH	10-4	10-4	10-4	Closed	Closed
Rosewood	10-4	Closed	10-4	Closed	10-4

Digital support

Should you need support in getting online, accessing a Trust computer account or the online training system, please let us know. We have space within the Centres to support volunteers as well as specific sessions during the month.

Volunteer support

We're continuing to provide support to volunteers face to face in the Centres, by telephone, by email and through MS Teams. The MS Teams Volunteer Hub regularly has updates too. If you'd like to join it, please let us know and we'll add you.

Newsletter

From September, this newsletter will become monthly. We're also trialling combining it with the Carer's Newsletter.



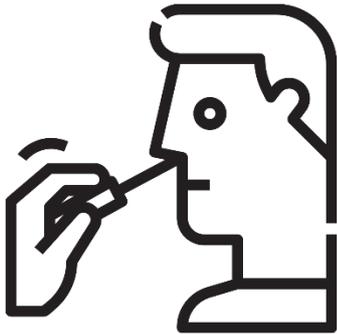
Uniforms

Some volunteers may be asked to wear a uniform when they return to their roles.

Volunteers in patient-facing roles will be asked to wear a uniform when they return.

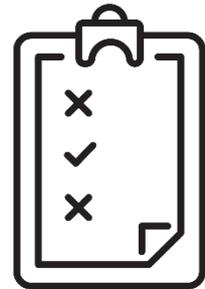
If you need to order a uniform, then get in touch with the team.

Lateral flow testing



The Trust will no longer be receiving lateral flow testing kits. This means that once the current stock has been used, staff and volunteers will replenish their tests by ordering a box online via <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>. Any test kits ordered via this site, will be delivered to your home address. You can also pick up kits at local pharmacies or community centres: [Find other ways to get rapid lateral flow tests on NHS.UK](#)

If attending a Trust site as part of your volunteering role, you must test within 24 hours of attending the site and around 48 hours after. If attending on multiple days of the week, you only need to test twice weekly.



DO NOT PHYSICALLY ATTEND YOUR VOLUNTARY ROLE IF YOU HAVE A POSITIVE TEST.

We are asking volunteers to record their test results with the Trust. There are a number of ways in which you can do this.

If you have a Trust computer account:

- Via Connect - <https://connect/covid-19-lateral-flow-testing> click on 'Click here to submit your results' (using a Trust computer or connected to the VPN).
- Via the Trust website (which can be accessed from personal devices including phones) – <https://www.nottinghamshirehealthcare.nhs.uk/covid-lateral-flow-test-submissions#submit> This link is on the front page of the site. You then need to click on the links to 'submit your results' and follow the instructions on entering your Trust login details.
- Using the link directly if you have previously followed the instructions on entering Trust login details - <https://covidtesting-nottshealthcare.msapproxy.net/Home/EnterInformation>

If you do not have a Trust account:

- Submit your results on paper – complete the Testing Form which will be emailed to volunteers and submit to COVID19Testing@nottshc.nhs.uk
- Complete the Testing Form in person at one of the Involvement Centres.

Volunteer Opportunities

As we're returning volunteers into services, we're starting to get more requests through for volunteer roles. You can read more about these on our website. The roles that we're currently advertising for are:

- [Horticulture Volunteer – Rosewood](#)
- [Story Shop](#)
- [Support Volunteer \(1-2-1\), Lings Bar](#)
- [Volunteer Visitor/Dog Visitor](#)
- [Horticulture Volunteer – Bracken House](#)
- [Support Volunteer, Family & Friends – Lings Bar](#)
- [Social Media Volunteer – CAMHS](#)
- [Conversation Partners – Community Speech & Language Therapy Stroke Team](#)
- [Befriender - Rampton](#)

If you already volunteer with us, but are interested in one of these roles, it's likely that we will ask you to fill out an "expression of interest" form or invite you to have a chat with us about the role, what it is, support and the expectations. This is to help support you in the roles that you volunteer in as well as ensuring that services get volunteers that meet any role requirements there may be.

If you're reading this newsletter and aren't a current volunteer with Nottinghamshire Healthcare, you can apply for the roles using the application process on our website.

Upcoming Meetings

If you are unable to attend a meeting, please contact the meeting organiser to advise that you will not be there.

Date	Meeting	Venue
19 th July	Forensic Division Reducing Restrictive Practice Group	MST
	Trust Carers Connect Network Meeting	MST
20 th July	Patient Information Group	MST
21 st July	Trust Involvement, Experience and Volunteering Forum	MST
	Sherwood Oaks Steering Involvement Group	MST
	Divisional NICE, Research and Audit Committee	MST
22 nd July	Arnold Lodge Patient Forum	MST
	MHSOP Improvement Millbrook Patient Environment User Group	MST
	NottsHC & AWP Paid Involvement (operationally)	MST
27 th July	Patient Information Group	MST
28 th July	Divisional Patient Experience, Improvement and Involvement Sub Group Meeting.	MST
	Quality First Audits – Volunteering Group	MST

If you are attending meetings, please ensure that you have all the information prior to attending, for example, the date, time, invites links or paperwork. If you are unsure or haven't received that information, please contact the team in good time so we can contact the relevant staff.