

VOLUNTEER UPDATE

OSCAR Shortlisting

A very big well done to all the volunteers and staff who were nominated for OSCARs this year and a big congratulations to the following who've been shortlisted for the Volunteer of the Year award – Audrey Ridge, Gordon Taylor, Saffron Blackwood and the Telephone Befriending Volunteers.



Issue 32

24th May

[Reopening the Centres](#)

[Lateral Flow Tests](#)

[Upcoming Meetings](#)

[Volunteer Opportunity](#)

[Notts Healthcare Update](#)

Reopening The Involvement Centres

Rosewood is currently open one day a week on a Wednesday 10am-2pm. The DMH Centre is currently still in use by the COVID Response Team, but we're hopeful it will be handed back to our team at the end of May/beginning of June.

The Centres are open to volunteers who need to attend virtual meetings, access training or need to meet with a member of the team in person.

You must attend the Centres by appointment only and have completed a lateral flow test the morning or evening before. If you need help accessing tests, please contact the team.



Lateral Flow Testing

24 hours before and **48 hours after** attending any Trust site you must do a Lateral Flow Test. This includes the Involvement Centres and is the same that is being expected of staff members. If you are attending sites several times during the week, you should do two tests during the week, one before attending and one mid-week. If you receive a positive Lateral Flow Test, you must not come on to site.

Results from Lateral Flow Tests need to be reported back to the Trust whether they're negative or positive. Staff are currently able to do this on Connect and there is a paper form available to people who are unable to access Connect, but we are currently working with the COVID Testing Team to see if we can make these easier and more accessible for volunteers. We'll update you when we know more.

We can provide Lateral Flow Tests to any volunteers that need them; however, you can also get these for free from pharmacies or delivered to your home if ordered online from the Government's website.

[Find out more about Lateral Flow Tests on the NHS website.](#)

[Order Lateral Flow Tests to be sent to your home address.](#)

[Find out where you can collect tests locally.](#)

Upcoming Meetings

If you are unable to attend a meeting, please contact the meeting organiser to advise that you will not be there.

Date	Meeting	Venue
25 th May	Patient Information Group	MST
26 th May	Divisional Patient Experience, Improvement and Involvement Subgroup	MST
27 th May	The Glades – Lived experience views on new outpatients at Highbury.	MST
1 st June	Exploring how paid Involvement might work	MST
	Patient Information Group	MST
2 nd June	Develop Clinical Model – LMHT	MST
	Quality Operational Group	MST
	The Together Project	MST
3 rd June	The Glades – Lived experience views on new outpatients at Highbury.	MST
CARERS & VOLUNTEERING WEEK		
7 th June	Nottinghamshire Healthcare Carers Connect – Annula Carers Event	11AM – 1PM MST
	Nottinghamshire Healthcare Virtual Volunteering celebration	1PM – 2PM MST
	External Crisis & Urgent Care Pathway Development Workstream	
8 th June	Tackling Loneliness Collaborative Meeting	MST
	Patient Information Group	MST
	Wells Road Patient Forum	MST
9 th June	Sherwood Oaks Steering Involvement Group	MST
10 th June	MHSOP Improving Millbrook Patient Environment – User Group	MST

	The Glades – Live experience views on new outpatients at Highbury.	MST
11 th June	Ethic Committee Meeting	MST

If you are attending meetings, please ensure that you have all the information prior to attending, for example, the date, time, invites links or paperwork. If you are unsure or haven't received that information, please contact the team in good time so we can contact the relevant staff.



**MONDAY
7TH
JUNE**

**1PM
TO
2PM**

JOIN MEMBERS OF THE INVOLVEMENT, EXPERIENCE & VOLUNTEERING TEAM FOR A VIRTUAL COFFEE AND A CHAT DURING VOLUNTEERS WEEK TO HELP US CELEBRATE THE AMAZING CONTRIBUTION OF VOLUNTEERS TO NOTTS HEALTHCARE.

**VIRTUAL
THANK
YOU
EVENT**

CONTACT US FOR A LINK TO THE EVENT

FOR MORE INFORMATION CONTACT:
VOLUNTEERING@NOTTSHC.NHS.UK



Patient Experience Volunteer

Role Description:

We are currently looking to recruit 8 people to spend time weekly on the wards, during this time you will be part of gathering feedback, talking and spending time with patients, carers and staff. Attend patient meetings and then feedback to the Trust in a variety of ways.

Location:

[Highbury Hospital](#). There are currently 4 Adult Mental Health wards 2 female 2 male and 1 Psychiatric Intensive Care Units (Male) within the hospital and we would like to have volunteers assigned to all wards.

Time Commitment:

You need to commit to 2 hours per week in a face 2 face role.

Knowledge, Skills and Experience:

- An interest in spending time with our patients and carers.
- Have an understanding of our Trust and inpatient services.
- Have good communications skills.
- Have good listening skills.
- Have an understanding of mental health.
- Be able to communicate with others and record their feedback.

How to Apply

Current Nottinghamshire Healthcare Volunteers:

Please check that your mandatory training is up to date and [contact the Volunteering Team](#) to express your interest in the role.

New Volunteer Applicants:

All new volunteer applicants for this role must complete and return the [Volunteer Registration Form](#) and Model A Declaration Form. Completed forms can be emailed back to the Volunteering Team – Volunteering@NottsHC.nhs.uk

Interviews for this role will be held on the 3rd February via Microsoft Teams.

Closing date for applications: 31st May 2021

Interview date Wednesday 9th June 2021

Patient Experience Training – provisional date of 16th June 2021

Nottinghamshire Healthcare Update

Highlights from John Brewin's daily staff briefings.

Millbrook refurbishment

The design of the planned refurbishments to the three-ground floor inpatient wards, outpatient department and staff office accommodation at Millbrook Mental Health Unit is concluding. We have received positive engagement from everyone who attended the design forums. Thanks to all staff colleagues, service users and carers. The Trust will continue to engage with staff, service users and carers and provide regular updates. Thank you to everyone who has been involved. Improvements Include:

- Removal of dormitories to provide an improved inpatient environment for Mental Health Services for Older People (MHSOP) patients in the North Nottinghamshire area.
- Additional facilities and improved spaces to improve the environment for inpatients and outpatients.
- Specialist dementia designed facilities and improved entrance, visitor facilities, accessible external spaces, and other specialist elements.
- Improved catering facilities
- Improved facilities to comply with current privacy and dignity guidance
- Improved integrated working between the community and the inpatient teams.

10-16 May 2021 saw three important weeks in the calendar:

Mental Health Awareness Week hosted by the Mental Health Foundation. The theme for this year's campaign is 'Nature' and the benefits of getting out into the great outdoors and being part of nature: [MHAW2021](#)

Dying Matters Awareness Week providing an opportunity for us all to open conversations around dying, death and bereavement. dyingmatters.org/AwarenessWeek

Equality, Diversity and Human Rights Week A great opportunity to promote, showcase and celebrate the amazing work going on across the areas of equality, diversity, and inclusion. [experience/diversity-and-inclusion/campaigns-and-events/eqw2021](#)

Vaccination: British Sign Language resources

The government has published British Sign Language (BSL) videos related to the vaccination programme and blood clotting. The leaflets on which these videos are based are also available to download. Paper copies are also available to order online: [covid-19-vaccination-british-sign-language-resources](#)

Face masks

Stop the spread of the virus and protect each other. You can watch Anne-Maria Newham, Executive Director of Nursing, AHPs and Quality, as she talks us through the dos and don'ts of wearing a mask in this video <https://youtu.be/Fnk1uDuoidg>

Mental Health Awareness Week activities in our prison healthcare services

As you know, we celebrated Mental Health Awareness Week last week and I wanted to highlight how our Offender Health teams took part, organising inspiring and creative activities for prisoners, colleagues from the Trust and prison service. The teams across the eight prisons where we provide a range of healthcare services, cleverly weaved the 5 Ways to Wellbeing Pillars of Connect, Be Active, Take Notice, Keep Learning and Give into the activities reflecting this year's theme of Nature. As we are becoming more aware of the health benefits of nature and green spaces, we recognise these green spaces are not always accessible to everyone, prisons being a prime example.

Warp It Service Ransomware Attack

The Warp It service is used by the Trust for sharing and reusing office furniture. It has recently suffered a ransomware attack that has left its systems offline and data related to Trust users of the system inaccessible. There is no evidence to suggest any data has been stolen at this time, but any user of the service that has used their Warp It password with any other system within the Trust should change their password(s) immediately as a precaution. Please also treat any emails from Warp It, especially if they contain links or attachments, with extreme caution until we have had confirmation from the company that their systems are clean.

Mental Health transformation update

Following last week's update about the ongoing investment into mental health transformation into children and young people's services in line with the long-term plan, I thought it would be useful to share some of the details from this week's SMI Transformation Board meeting (a monthly meeting which feeds back on projects from across the mental health transformation programme).

Some of the key takeaways included the extra investment in transition support for 18-25 year olds working with mental health services with an additional five members of staff to be recruited across the ICS; the ongoing work with the voluntary sector to deliver mental health support in our communities; and extra posts to support substance misuse, personality disorder and adult eating disorders.

This is an extremely exciting time for improvements and transformation of mental health services. One of the most encouraging developments is the work progressing with the Primary Care Networks (PCNs) across the Nottingham and Nottinghamshire ICS and Bassetlaw, with new Mental Health Practitioner positions being embedded in the PCNs to support people at a local level with their mental health.