

Are you  
looking after  
someone?



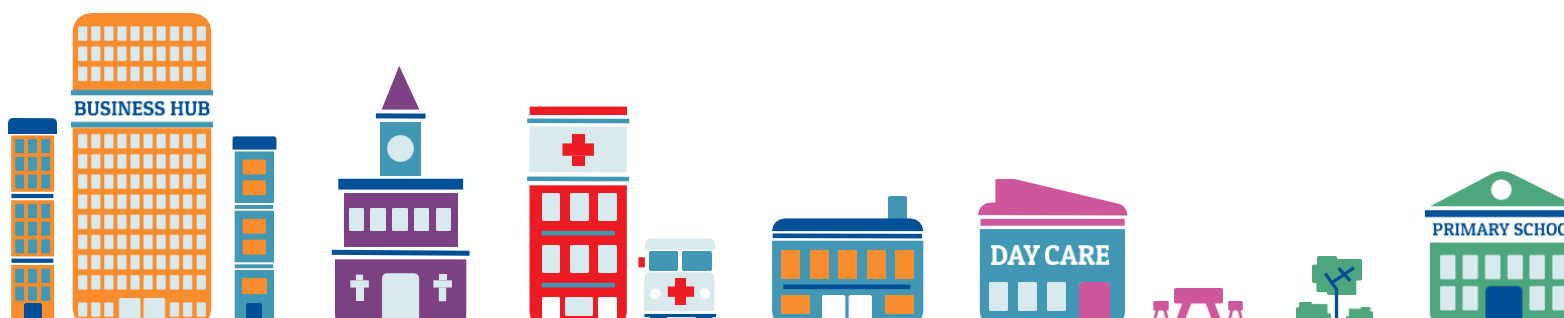
8–14 June 2020

## MHSOP Carers Week Pledge 2020

**Nottinghamshire Healthcare NHS Foundation Trust are working hard to support carers and to make caring more visible.**

Mental Health Services for Older People (MHSOP) within Nottinghamshire Healthcare endeavour to include the families and carers of those in our services by listening to them, providing support and signposting to appropriate services. We are aware that not all our carers identify themselves as carers, but we will be inclusive of those who support the care of individuals we work with.

All our Inpatient and Community Teams commit to continuing to use the Triangle of Care as a basis to improve our work with carers.



For more information visit  
[carersweek.org](http://carersweek.org)

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